



il GIORNALETTO



ORDER SONS AND DAUGHTERS OF ITALY IN AMERICA
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APRIL MEETING “SHELTER-IN-PLACE”



[LAST MONTH MEETING
MINUTES](#)



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PRESIDENT'S MESSAGE

It's hard to write a newsletter in today's world when the news is changing minute by minute. As of this newsletter, you all should have received the email explaining how planned upcoming meetings and events have been cancelled until the Governor takes us off “lock-down”. I am still trying to work with different alternatives for our meetings and will keep you posted on my final decision.

I know you are getting inundated with information about the ‘silent killer’, but for those who do not read **C. Colombo Lodge #1315's** newsletter, I feel it is worth repeating. In addition to sheltering in place, here are some tips on how to protect yourself from the Coronavirus given by Dr.

James Robb who was a professor of pathology at the University of California San Diego and one of the first molecular virologists in the world to work on Coronaviruses (in the 1970's):

1. NO HANDSHAKING! Use a fist bump, slight bow, elbow bump, etc. (I personally like the foot bump. I am too busy bending my elbow drinking Jim V's Limoncello).
2. Use ONLY your knuckle to touch light switches, elevator buttons, etc. Lift the gasoline dispenser with a paper towel or use a disposable glove.
3. Open doors with your closed fist or hip - do not grasp the handle with your hand, unless there is no other way to open the door. Especially important on bathroom and post office/commercial doors.
4. Use disinfectant wipes at the stores when they are available, including wiping the handle and child seat in grocery carts and don't forget to wipe your phone often.
5. Wash your hands with soap for 10-20 seconds (if you say you're A,B, C's, that should be long enough) and/or use a greater than 60% alcohol-based hand sanitizer whenever you return home from ANY activity that involves locations where other people have been.
6. Keep a bottle of sanitizer available at each of your home's entrances. AND in your car for use after getting gas or touching other contaminated objects when you can't immediately wash your hands.

7. If possible, cough or sneeze into a disposable tissue and discard. Use your elbow only if you must. The clothing on your elbow will contain infectious virus that can be passed on for up to a week or more!

8. Stock up now with zinc lozenges. These lozenges have been proven to be effective in blocking coronavirus (and most other viruses) from multiplying in your throat and nasopharynx. Use as directed several times each day when you begin to feel ANY "cold-like" symptoms beginning. It is best to lie down and let the lozenge dissolve in the back of your throat and nasopharynx. Cold-Eeze lozenges is one brand available, but there are other brands available.

Remember to stay safe and wash your hands often after anything you touch and try not to touch your face very often. We love you all and praying for everyone to have Good Health and a wonderful Italian-American life.

During your self-isolation period, it is a great time to work on your Italian Language skills. I was so excited to introduce a 10 to 15-minute Italian language portion in our meetings starting in April, led by one of our new members, Daniel Belezuoli, but that has been put on hold for the time being for obvious reasons. Also, if you happen to have an accordion around the house, I have found several websites to help one be self-taught how to play. I highly recommend it. Last but not least, the post office is still operating. You don't need to go out and buy expensive cards, just sit down and write a little note to an old friend or neighbor. Who knows, it may be the one thing that brightens their day during these turbulent times.

So, until we get to meet again, take care of yourself. Yes, beware, self-isolation CAN turn your hair gray!



Louise Silacci - President

“Look in the mirror. That’s your competition. Focus on your goal”

SUNSHINE

By Debbie Nardini



Pat Scialo is one tough gal! She had surgery and came through with flying colors in time to be able to celebrate her 80th birthday on March 17th!



ADS IN OUR NEWSLETTER

The Ads will remain \$40.00 per year, if not paid by April 1, ads will be deleted. Please send your donation to me: Jackie Giacomazzi, 9550 6th Avenue, Hanford, CA 93230 **made payable to Hanford Sons of Italy**. If you want changes, let me know. This is your way of helping us get the Newsletter to our members who do not have email. Mille grazie!

COOKBOOKS

We still have cookbooks for sale at the bargain price of \$20. What a great gift! Contact Joanie, Pat, Jackie or Lulu and we will find you a book.



SCHOLARSHIPS

I am so happy to announce that we will have two scholarship winners this year. Both girls are very deserving.

Kassidy Allyn Sheldon is the 17-year-old daughter of Jennifer and Danny Sheldon, sister of Kent Sheldon, granddaughter of Janis Hansen, (all Hanford Sons of Italy members). Kassidy has been an active Junior Member of the Hanford Lodge since January of 2003. She will graduate this spring from Hanford High School, where she attained a 3.6 grade point average. Kassidy has been involved in many activities, clubs and sports during her high school days including: volleyball, FFA, lifetime member of CSF, Kings River 4-H Club, Kings Junior Fair Board, First Baptist Church as well as the Sons of Italy. She has won numerous honors with showing dairy heifers with 4-H; and also, with her projects in FFA. Kassidy will begin her college career at West Hills College majoring in Nursing with her goal to become a registered nurse.

Jarilyn Marie Weaver, 17, is the daughter of Ellen and Cameron Weaver, sister of Ashlyn, and granddaughter of Janis Hansen. Jarilyn has been an active Junior member of the Hanford Sons of Italy since January of 2003. She will be a graduate of Hanford West High School in June and has attained a grade point average of 3.8 through her high school career. Jarilyn is a lifetime member of CSF and has participated in Guard all four years in high school, presenting field

shows for three years. She is also a member of the First Baptist Church where she volunteers in the nursery, overseeing the care of children from birth to two years. She has also volunteered on Mission trips to both San Francisco and Los Angeles, helping people in need. Jarilyn will begin her college career at College of the Sequoias majoring in animal science. Her career goal is to become a veterinarian.

As Junior Members, these two girls (cousins) have helped the Hanford Lodge at numerous spaghetti dinners and other fundraisers through the years. We wish them "buona fortuna" as they find their places in today's world.



BIRTHDAYS

Gianna	Gomes	4/1
Annette	Nicely	4/8
Richard	Tesoriere	4/10
Jimmy	Cattuzzo	4/11
Chelsea	Lourenco	4/12
Giovanni	Mercurio	4/14
Chloe	Scialo	4/17
Karolina (Karli)	Draxler	4/18
Jeremiah	Capozzi	4/19
Caitlyn	Schales	4/20
Virgadamo	Jackson	4/26
Heather	Rathwick	4/29

Did we miss your birthday?
Let Janis Hansen know at 582-4731 or
jahansen@sbcglobal.net

Like something included in the Newsletter?
Please send your article or information to:

Louise Silacci
silaccilu@gmail.com

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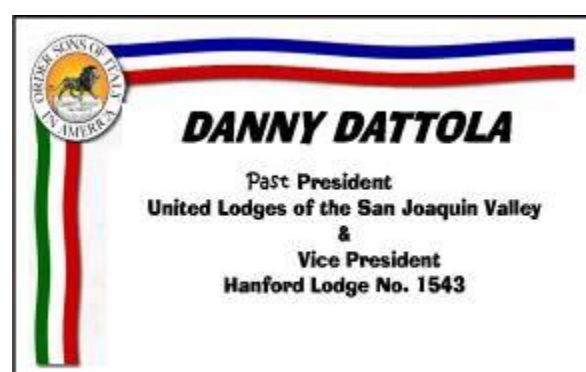


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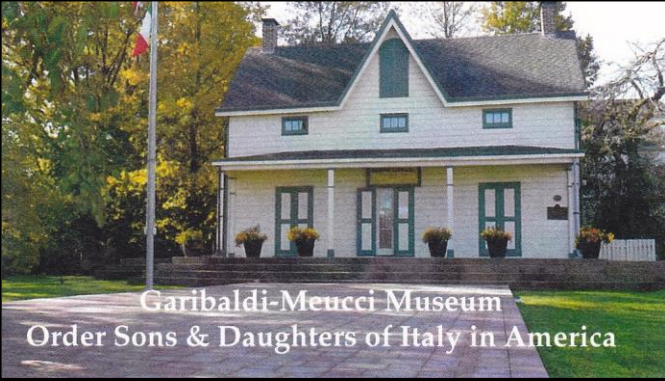
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